

# ColdGuard™

## INSTRUCTIONS FOR USE

ColdZyme®



TRAPS



DEACTIVATES



PROTECTS

### DEVICE DESCRIPTION

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ColdGuard is a medical device that protects against the common cold. ColdGuard has a fast onset of action and is easy to use. ColdGuard works by coating the lining of the mucous membrane, creating a protective barrier against the common cold viruses. The barrier acts osmotically on the cold viruses, trapping the viruses and deactivates the ability of the viruses to bind into human cells. The ColdGuard barrier protects the mouth and throat, helping the body to remove deactivated viruses in a natural way.

### INDICATION

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To be used when exposed to common cold viruses or early on when cold symptoms occur.

ColdGuard is suitable for adults and children from 4 years.

### CONTRAINDICATIONS

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No known contraindications.

### INTENDED USE

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- ColdGuard reduces the probability of catching a common cold.
- ColdGuard can help shorten the duration of a common cold if used at an early stage of the infection.
- ColdGuard alleviates common cold symptoms and soothes sore throat.

### MODE OF ACTION

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The ColdGuard barrier consists of two major ingredients that together provide the main effective result.

### GLYCEROL AND COD TRYPSIN

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**Traps:** Glycerol creates an osmotically active barrier that traps viruses.

**Deactivates:** Trypsin inhibits the viruses' ability to bond, deactivating their ability to infect cells.

**Protects:** The ColdGuard barrier protects the oral cavity and throat.

### PRECAUTIONS

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- Do not use ColdGuard if you are hypersensitive/allergic to any of the ingredients.
- Do not inhale when applying the spray since it may cause transient asthma-like symptoms, such as coughing and hoarseness.
- Consult a healthcare professional if you have a high fever or if your symptoms are more severe than those of a normal common cold; they could be due to something else.
- Do not use the product for more than 30 consecutive days, as there is no clinical information about long-term use.
- Keep out of reach of children, to prevent accidents with small parts.

### PREGNANCY AND BREASTFEEDING

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There is no clinical information about the use of ColdGuard during pregnancy and breastfeeding; please consult a healthcare professional before use.

### POSSIBLE SIDE EFFECTS

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No known side effects.

Should you experience untoward effects while using this device, please consult your healthcare professional for advice.

### THE COLDGUARD PACKAGE CONTAINS

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- Oral Spray consisting of a bottle, pump, nozzle and protective cap.
- Solution containing glycerol, water, cod trypsin, ethanol (<1 %), calcium chloride, trometamol and menthol. The solution is sugar free and contains no preservatives or gluten.
- This instructions for use.

### COLDGUARD IS AVAILABLE IN TWO DIFFERENT SIZES

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- ColdGuard™ 20 ml
- ColdGuard™ 7 ml

All pack sizes may not necessarily be marketed at one time.

## DIRECTIONS FOR USE

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### How to use ColdGuard to help prevent a common cold:

If you do not have any symptoms of a common cold but are likely to be exposed to the common cold virus, for example when someone near you has a cold.

1. Open your mouth and aim the nozzle towards your throat (Figure 1).
2. Press down on the pump and spray 2 times (1 dose) every second hour up to 6 times daily during the time you are exposed to the common cold virus.

FIGURE 1

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### How to use ColdGuard to help shorten the duration of a common cold:

Start using ColdGuard as soon as possible after noticing symptoms of a common cold. Continue to use it until the symptoms are relieved.

1. Open your mouth and aim the nozzle towards your throat (Figure 1).
2. Press on the pump and spray 2 times (1 dose) every second hour up to 6 times daily.

## CARE AND STORAGE

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- Keep out of reach of children.
- Store at or below 25 °C.
- Use before the expiration date indicated on the product label and package, even if the product has not been opened.
- Return all unused product to your pharmacist.
- Do not dispose of unused product in drains or sewerage systems (e.g. toilets).

## DATE OF LAST REVISION OF INSTRUCTIONS FOR USE

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September 2019

## EXPLANATION OF SYMBOLS

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Consult instructions for use



Upper limit of temperature



Use by date



Batch Code



Catalogue Number



Manufacturer



Caution, consult instructions for use

## DISTRIBUTED AND MARKETED BY:

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Abex Pharmaceutica (Pty) Ltd  
Suite C, Rubenstein Ridge  
617 Rubenstein Drive  
Moreleta Park, 0181  
South Africa

## MANUFACTURED BY:

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Enzymatica AB  
IDEON Science Park  
SE-223 70 Lund, Sweden

ColdZyme® is the registered trade mark of Enzymatica AB.



CZ-MS02100701ZA ColdZyme 7 ml  
CZ-MS06002001ZA ColdZyme 20 ml

MEDICAL DEVICE



COL/IFU/B